



International Youth Soccer
Tournament for GIRLS and BOYS

CUP NO.1 2022

JULY 11th-16th • FREDERIKSHAVN • DENMARK



Participants from 20 nations • 200 teams • All fields assembled the same place • Girls 2003 to 2010 • Boys 2003 to 2012

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THE TOURNAMENT

Cup No.1 started in 1984, in Frederikshavn, Denmark and in 2022 we are arranging the 39th tournament. Due to COVID-19, Cup No.1 was not held in 2020 and 2021, so we are looking forward to 2022. It is a youth soccer tournament for both boys and girls. More than 8400 teams from 100 nations have joined our tournament during the years. E.g. Australia, Brazil, Colombia, Dubai, Denmark, Guatamale, India, Morocco, Malta, Mexico, Nigeria, Norway, Peru, Poland, Phillipines, Portugal, Russia, Spain, Sweden, Germany, USA etc.

All matches are played on nice green soccer fields of international standard in Frederikshavn in Denmark.

All the fields are in the same area, so it is easy to see your club mates play if you are many participants from the same club.

In 2022 the tournament takes place **Monday July 11th – Saturday July 16th** (week 28 every year). Opening ceremony Monday 11th at 18.30. All the matches start Tuesday 12th in the morning. Finals are played Friday and Saturday

AGE LIMITS 2022

Boys, 11-a-side

- B18-B19 - Born 01.01.2003 or later
- B17 - Born 01.01.2005 or later
- B16 - Born 01.01.2006 or later
- B15 - Born 01.01.2007 or later
- B14 - Born 01.01.2008 or later
- B13 - Born 01.01.2009 or later

Boys, 8-a-side

- B13 (8) - Born 01.01.2009 or later
- B12 (8) - Born 01.01.2010 or later
- B11 (8) - Born 01.01.2011 or later
- B10 (8) - Born 01.01.2012 or later

Girls, 11-a-side

- G18-G19 - Born 01.01.2003 or later
- G16-G17 - Born 01.01.2005 or later
- G15 - Born 01.01.2007 or later
- G14 - Born 01.01.2008 or later
- G13 - Born 01.01.2009 or later

Girls, 8-a-side

- G12/13 (8) - Born 01.01.2009 or later



DISPENSATIONS

In 11-a-side classes, dispensations will automatically be given to 3 players per team, who are maximum 1 year over aged. (In 8-a-side, only 2 players)

SUBSTITUTES

Maximum 7 substitutes per match in 11v11 classes. In the 8v8 classes, an unlimited number of substitutes can be used. Both in 11v11 and 8v8 there is free substitution.

PLAYING PERIODS

All 8-a-side	2x20 min.
B10, B11, B12, B13 & G13	2x20 min.
B14, B15, B16, B17, B18-B19	2x25 min.
G14, G15, G16-G17, G18-G19	2x25 min.

MEALS

Breakfast is served at the schools. Lunch and dinner is served in FFK-Hallen, 400 meters from the fields at Fodboldvej. Teams arriving early can order extra meals, served at Fodboldvej 7.

TRANSPORT

During the tournament, there will be buses between the fields at Fodboldvej /Dining hall, and the schools that are more than 2 kms from the fields.

ACCOMMODATION

In schools, gyms or in a hall. Participants must bring your own beddings (Mattress and sleeping bags). Alternatively, a full pack of bed linen can be rented at Cup No.1. If you want to stay at hotel etc, - Cup No.1 will be pleased to help you. It is cheapest to order via Cup No.1.

PARENTS

We gladly help find accommodation for parents and relatives who are on vacation in Frederikshavn during Cup No.1. It is both cheapest and easiest for you to book a hotel etc. via Cup No.1.

COSTS 2022

All teams pay a team fee. All participants, leaders and others who live at the school pay a participation fee. Participants, coaches who do not have accommodation at a school, must also have to pay a participation-/and coach fee.

Registration latest the 1st of June 2022.

Team fee: \$200

Player and coach fee: \$260 (accommodation at school from Monday to Saturday and incl. 15 meals, starting with dinner Monday - ending with lunch Saturday)

Extra night: \$12

Bedding: \$45

Player & coach fee, no accommodation and no meals: \$80 (Only participation fee)

REGISTRATION

Registration must be done at www.cupno1.com, where you also find more information. If you have any questions, please contact us by email or telephone.

We look forward to seeing you at Cup No.1 in Frederikshavn.

FREDERIKSHAVN

Approx. 22,000 people are living in Frederikshavn city. With this size the city is perfect for a youth soccer tournament as Cup No.1. It is a nice town and it offers a large variety of shops and restaurants - perfect for the many parents who traditionally follow their children to Denmark. Cup No.1 is an intimate and family tournament focusing on quality, proximity and fun for all the participants. A few kilometers from the pedestrian zone - you find the only Palm Beach in Denmark "Palmestranden".

Frederikshavn is in the heart of Scandinavia. The ferry sails directly to the city from both Gothenburg and Oslo. The nearest airport is Aalborg, just 45 minutes from Frederikshavn. From Frederikshavn there is only 40 km to Skagen, where the two seas (Skagerak and Kattegat) meet at "Grenen".



Palm Beach Frederikshavn

"Grenen" where the two seas meet
(Skagerak et Kattegat).



DENMARK

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